



MACH MARTIAL ARTS

Pleasanton AHN'S TAE KWON DO












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**GRAND MASTER
 JOO YOUNG AHN**
*Founder of
 Mach Martial Arts*

● LITTLE TIGERS – Classes for 8 & under students	● MIXED – Classes for all ranks in the regular program
● BEGINNERS – Classes for white ~ yellow/orange stripe belts	● MAKE UP – Classes for students who needs to make up a class
● INTERMEDIATE – Classes for orange ~ green belts	● BLACK BELT CLUB – Classes for BBC members of all ages and ranks
● ADVANCE – Classes for purple ~ black belts	● DEMO TEAM – Classes for Demonstration Team members ONLY
● TEEN ADULT – Classes for teenagers and adults of ages 13 & Up	● TORCH CLUB – Classes for Torch Club members ONLY
	● TEAM MACH – Classes for Competition Team members ONLY

****Specified classes are for those groups only!!!****

MON	TUE	WED	THU	FRI	SAT
4:00 - 4:30pm LITTLE TIGER BEGINNER (White~Purple/Stripe) 	4:00 - 4:30pm LITTLE TIGER INTERMEDIATE (Brown/s~Red/Stripe) 	4:00 - 4:30pm LITTLE TIGER BEGINNER (White~Purple/Stripe) 	4:00 - 4:30pm LITTLE TIGER INTERMEDIATE (Brown/s~Red/Stripe) 	4:00 - 4:30 pm Little Tigers Make Up	Special Events or Promotion Tests
4:40 - 5:10pm LITTLE TIGER INTRO LESSONS 	4:40 - 5:10pm LITTLE TIGER ADVANCED (Orange & Up) 	4:40 - 5:10pm LITTLE TIGER DEMOTEA 	4:40 - 5:10pm LITTLE TIGER ADVANCED (Orange & Up) 	4:40 - 5:20 pm Make up & MIXED	
5:20 - 6:00 pm BEGINNER Beginner ~ Orange stripe Belt	5:20 - 5:50pm LITTLE TIGER BEGINNER (White~Purple/Stripe) 	5:20 - 6:00 pm BEGINNER Beginner ~ Orange stripe Belt	5:20 - 5:50pm LITTLE TIGER BEGINNER (White~Purple/Stripe) 	5:30 - 6:10 pm DEMO TEAM	
6:00 - 6:40 pm Black Belt Club (Black Belts & BBC members)	6:00 - 6:40 pm INTERMEDIATE Orange Belt ~ Green Belt	6:00 - 6:40 pm TORCH CLUB	6:00 - 6:40 pm INTERMEDIATE Orange Belt ~ Green Belt	6:20 - 7:40 pm TEAM MACH (Level 3 & up ONLY) *Cross Training with ALL TEAM MACH members from other schools*	
6:50 - 7:30 pm ADVANCE Purple Belt & Up	6:50 - 7:30pm Black Belt Club	6:50 - 7:30pm ADVANCE Purple Belt & Up	6:50 - 7:30 pm TEAM MACH		
7:40 - 8:20 pm TEEN ADULT	7:40 - 8:20 pm MIXED	7:40 - 8:20 pm TEEN ADULT	7:40 - 8:20 pm MIXED		

Build Your Mind & Body With Grand Master Ahn!!!