



MACH MARTIAL ARTS

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CLASS SCHEDULE 2009. 1 ~

* CLASS DEFINITION *

• LITTLE TIGERS – Class for 9Yrs. & Under ONLY	• Pre-BLACK BELT – Class for Black Belt and 1 st Gup students (Student must know all requirements before attending. Certain number of this class is required for Promotion Test.)
• BEGINNER – Class for Yellow with Orange Stripe & Below	• BLACK BELT - Class for Black Belts ONLY
• INTERMEDIATE – Class for Orange – Green Belt	• DEMO TEAM – Class for Ahn's TKD Demo team ONLY
• ADVANCE – Class for Purple & Brown Belt	• RECOMMENDATION – Class for Red Belt and Up. Student may take this class to get recommended on previous requirements (Required). Must make appointment to attend.
• SENIOR – Class for Red Belt & Black Stripe	
• MIXED – Class for students of all Ranks	
• TEEN & ADULT – Class for students 14 Yrs. & Up ONLY	
• BBC – Class for Black Belt Club members	
• TORCH – Class for Students who signed up for the TORCH Program.	
• COMPETITION – Class for students who signed up for ADVANCED Sparring classes to compete in national and international tournaments.	



**GRAND MASTER
JOO-YOUNG, AHN**

MON	TUE	WED	THU	FRI	SAT
4:00 - 4:30pm LITTLE TIGER BEGINNER (White~Purple/Stripe) 	4:00 - 4:30pm LITTLE TIGER INTERMEDIATE (Brown/s~Red/Stripe) 	4:00 - 4:30pm LITTLE TIGER BEGINNER (White~Purple/Stripe) 	4:00 - 4:30pm LITTLE TIGER INTERMEDIATE (Brown/s~Red/Stripe) 	4:00 - 4:40pm MIXED (Make-Up)	 Events & Promotion Tests
4:40 - 5:10pm LITTLE TIGER ADVANCE (SPAR) (Orange ~ Purple) 	4:40 - 5:10pm LITTLE TIGER BEGINNER (White~Purple/Stripe) 	4:40 - 5:10pm LITTLE TIGER ADVANCE (Orange ~ Purple) 	4:40 - 5:10pm LITTLE TIGER BEGINNER (White~Purple/Stripe) 	4:50 - 5:30pm DEMO TEAM Purple Belt & Up 	
5:20 - 5:50pm LITTLE TIGER ADVANCE (SPAR) (Brown & Up) 	5:20 - 5:50pm LITTLE TIGER DEMO TEAM 	5:20 - 5:50pm LITTLE TIGER ADVANCE (Brown & Up) 	5:20 - 5:50pm LITTLE TIGER ADVANCE (Orange & Up) 	6:30 - 8:00pm COMPETITION 	
6:00 - 6:40pm BEGINNER Beginner ~ Orange stripe Belt	6:00 - 6:40pm INTERMEDIATE Orange Belt ~ Green Belt	6:00 - 6:40pm BEGINNER Beginner ~ Orange stripe Belt	6:00 - 6:40pm INTERMEDIATE Orange Belt ~ Green Belt (Sparring)		
6:50 - 7:30pm ADVANCE Purple ~ Brown Belt	6:50 - 7:30pm SENIOR (weapon) Red Belt & Black Strip ONLY	6:50 - 7:30pm ADVANCE Purple ~ Brown Belt (Sparring)	6:50 - 7:30pm ADVANCE SENIOR Purple ~ Black/Stripe (Sparring)		
7:40 - 8:20pm SENIOR (weapon) Red Belt & Up	 7:40 - 8:20pm  Pre- BLACK BELT (Black/White Stripe & up)	 7:40 - 8:20pm  Black Belt (Black Belt Only)	7:40 - 8:20pm PRE BLK / BLACK Black/White Stripe & Up (Sparring)		
8:30 - 9:10pm TEEN & ADULT 14yr & Up	8:30 - 9:10pm RECOMMENDATION (RED & Up)		8:30 - 9:10pm TEEN & ADULT 14yr & Up (Sparring)		

Children, Men and Women ! Build Up Your Mind & Body With Master Ahn