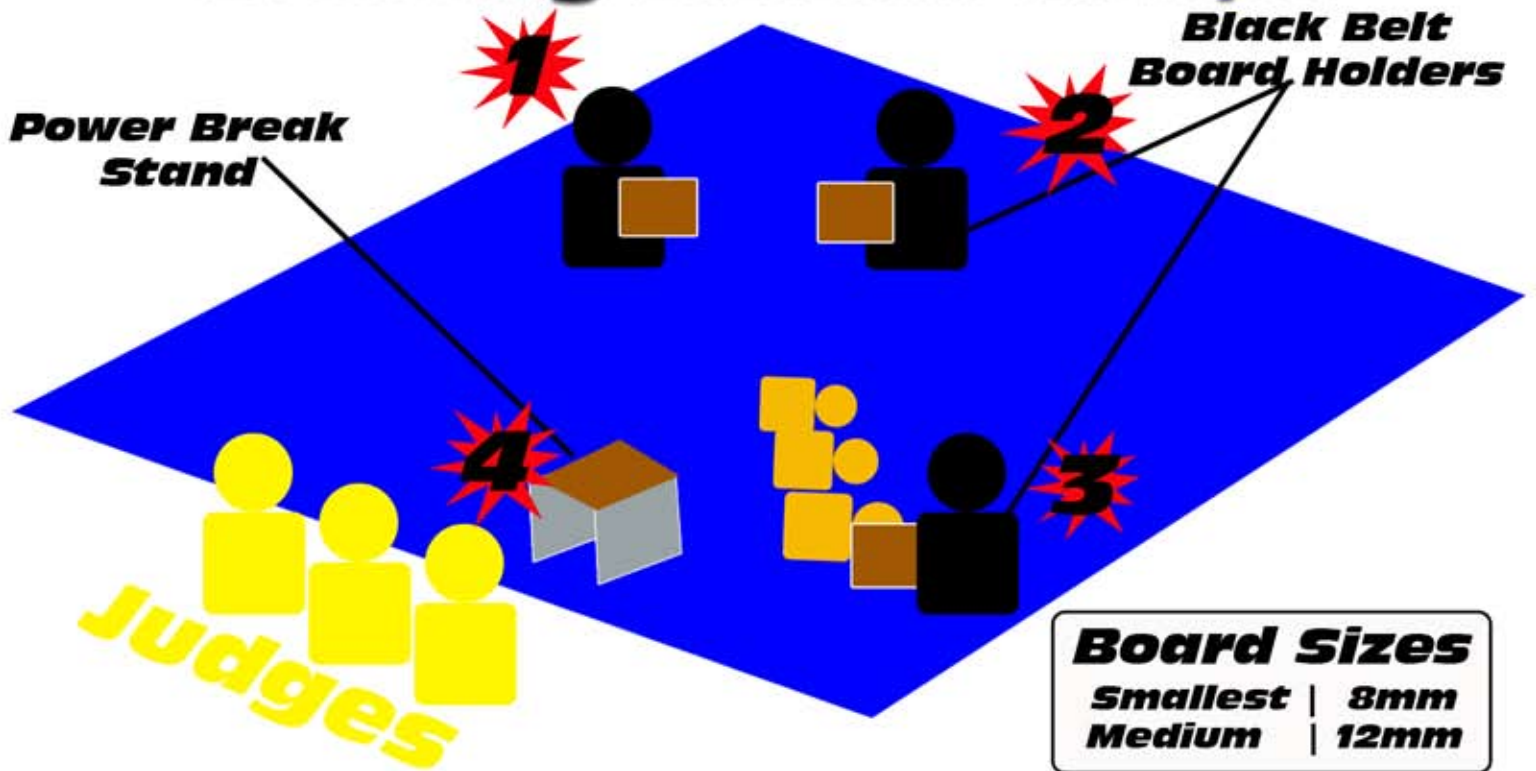


# **Mach Martial Arts Championship**

## **Breaking Division (Example)**



| <b>Breaking Order</b> | <b>Basic Technique</b>           | <b>Harder</b>                                           | <b>Even Harder</b>                                          |
|-----------------------|----------------------------------|---------------------------------------------------------|-------------------------------------------------------------|
| <b>1</b>              | <b>Punch</b>                     | <b>Punch With a Thicker Board</b>                       | <b>Jump Over 4 Students, &amp; Punch while Rolling Over</b> |
| <b>2</b>              | <b>Round-house Kick</b>          | <b>Spin Round-house Kick</b>                            | <b>540 Roundhouse</b>                                       |
| <b>3</b>              | <b>Jump Side Kick</b>            | <b>Jump Side Kick over Multiple Students</b>            | <b>Jump Side Kick w/ Punch over Multiple Students</b>       |
| <b>4</b>              | <b>Hammer Strike Power Break</b> | <b>Multiple Boards or Boards with no Pencil Spacers</b> | <b>Hammer Strike Through a Flaming Watermelon</b>           |

**Disclaimer** | No fruit or flames are allowed for this competition  
**Other Notes** | This is meant to be an example, not a set in stone formula. Be creative and diverse in your own performance to awe the crowd and impress the judges.